

May 2019

Dear East Hills School Family,

We hope everyone had a most restful and enjoyable spring break, filled with special times with family and friends. I would like to thank the members of our custodial staff who work so hard during the school year and especially during breaks to make sure that our school is clean, shiny and so very pristine! How lucky we are to have such a dedicated staff of professionals who care so deeply about our school building and its cleanliness!

As May approaches, it brings a potpourri of fragrant flowers, beautiful early morning mosaic sunrises and later paint brushed sunsets and the crack of baseball bats eagerly waiting to help tally another home run. In addition, May is also National Williams Syndrome Month. During the month, we will learn about Williams Syndrome so as to continue to pride ourselves on celebrating our unique qualities as we raise awareness of our varying differences.

If it is May, then it is RED NOSE DAY MONTH!!!!Red Nose Day is a campaign dedicated to raising money for children and young people living in poverty by simply having fun and making people laugh. Last year, East Hills School participated in Red Nose Day and raised just over \$5000. This year we are once again doing a school wide campaign and hope to raise a lot more. Red Nose Day will be held at East Hills School on Monday, May 20, 2019. Our school will join millions of people across the country raising funds and awareness as well as making others smile. In addition, we will be hosting a Paint for a Purpose fundraising evening on May 8, 2019. If you haven't already signed up, please note that attendance is limited so please be sure to send in your slips asap so you, too, can participate in all of the fun!

So, in keeping with our theme of laughter, joy and speaking up for others to help inspire, heal and transform, we have chosen a brand new book written by one of our favorite authors, Peter H. Reynolds, entitled *Say Something!* Yes, this magically written book provides readers with myriad ways in which our voice has so much power! Peter Reynolds reminds us that we have the power to say something with our words, our actions and with creativity.

"If you see someone lonely...say something...by just being there for them."

"If you see an empty lot...say something by planting a seed and watching it bloom."

"If you are grateful for being alive...quietly say something to the stars, to the universe..."

I challenge each and every one of our students and families to think of something, anything they can say that will help to make our school, our community and our world a better place to be! We will celebrate all of your ideas!

The month of May brings the sanguine sounds within the walls of East Hills School as well. Our Third, Fourth and Fifth Grade students have been busy rehearsing for their upcoming concerts. We look forward to each of these events where we will hear, first hand, their musical accomplishments:

Grade Three Concert - May 17 at 9:30 a.m. in the East Hills Gymnasium Grade Four Concert - June 7 at 9:30 a.m. in the East Hills Gymnasium Grade Five Concert - May 23 at 7:00 p.m. in the High School Auditorium

Wishing you all a joyous, thoughtful and melodious month! Happy Mother's Day to all!

Fondly, *Melissa Krieger* Melissa Krieger